# WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE PLEASE KEEP SOCIAL DISTANCE

SUN	JULY 16	SUNDAY OF THE FATHERS OF THE SIX ECUMENICAL COUNCILS
		After – Hospitality
	11:00	Rom 15:1-7 Mt 9:27-35 Tone 6
	11:00	<b>Divine Liturgy For All Our Parishioners and</b> + Joan & Joseph,
		Richard Hines by Mary Ann Drumtra
Tue	July 18	<b>8: 30am For Our Parishioners</b> and HGB Jim & Gia Hoolan by Fr. Alex
		After - Bible Study (Discuss, and Meditate on the Daily Readings)
		2:00pm – 6:00pmChurch Office hours
Wed	July 19	<b>_8:30am For Our Parishioners</b> and HGB Betta Labanish by Fr. Alex
	·	MOLEBEN TO THE THEOTOKOS -Special Intention
Thu	July 20	8:30am For Our Parishioners and HGB John and Clarice
		Alexander by Lee & Kathy Alexander
	<mark>6:00pm</mark> - Rosa	RY - Prayer for Protection and Healing of the coronavirus and all serious illnesses by Men's Club
SUN	JULY 23	8 <sup>™</sup> SUNDAY AFTER PENTECOST
		After – Hospitality
		Rom 15:1-7 Mt 9:27 -35 Tone 6

Rom 15:1-7 Mt 9:27 -35 Tone 6
Divine Liturgy For All Our Parishioners and + Anne DeMartino by Christine Noonen

Thank You, Thank You, Thank You for your generosity and giving spirit! Because of your support to the Bishop's 2022 Stewardship Campaign we were able to raise \$8,100 this year. Which was \$1,300 over the Parish goal of \$6,800. Your donations to the Campaign will assist Bishop Kurt in providing much needed resources to the Eparchy and to Parishes not as fortunate as us at Ascension. In August our Parish will received a check from the Bishop's Office in the amount of \$3,240. The 40% return to our Parish for meeting and exceeding our goal. I cannot help but think of the founding members of our Parish and how proud they must be of us for continuing the legacy they began.

Thank you again. Ascension Of Our Lord Advisory Board We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

We have several faithful from Ascension who are in need of special prayer. Some of those who need special prayer are:

Frank and Chris Janke, Mary Grace Dorsey, Ben Pawers, Betta Labanish, Betty May Hertz, Emma Bernier, Lolly Vinson, June Mathews, William McGraw, Thomas McGraw, Darren and June Hall, Aurora & Jaime Daquilanea, Mary Ann Drumtra, Katharina and Steven Margan, Elaine Hampton. Thank you. Fr. Alex

# **Bible Study: The Gospel of John**

It's not too late to join the Bible Study for 2023! Come and grow in your relationship with Jesus Christ by diving deep in the life of Christ according to the beloved disciple John (and eat some great food as well!). We meet on the **2nd & 4th Tuesday of the month at 5:15 PM** in St. Philip Hall.

Please Join us on the (1<sup>st</sup> and 3<sup>rd</sup> Tuesday) of the month to: Read, Discuss, and Meditate on the Daily Readings, after Divine Liturgy, and (2<sup>nd</sup> and 4<sup>th</sup> Tuesday Evening Bible Study of St. John at 5:15pm. in the Social Hall. Fr. Alex

#### Men's Team Meeting - 10 Year Anniversary of the Men's Club!

The Men's team will have their next meeting on the **3rd Tuesday of August** (August 15th) at 6:00 PM in St. Philip Hall. \*\*Take note of the new gathering time of 6:00 PM.

Respectfully, Michael Jack Bracelin

**Visitors, family and friends**: Are you curious, do you have questions or inquirers about our church, icons, Divine Liturgy, or Byzantine Catholic traditions? Someone will be waiting to answer your questions after Divine Liturgy on Sunday mornings in the vicinity of the icon corner at the front of the sanctuary. Don't be afraid to ask, there are no wrong questions.

Attention all Parishioners, Visitors, and Guests: please do your part to help us keep the Social Hall clean. After Sunday Hospitality and Pot Lucks please made sure the table area where you were sitting is wiped clean. Also, please place your chair on top of the table. Doing these things will be a big help and save much time in maintaining and keeping the floors clean. Thanks for your help and cooperation Fr. Alex

# <u>Candles for July</u>

Sanctuary Lamp... + John Labanish by Betta Labanish Tetrapod... HGB Roman Slysh by Dr. Nadia Shockley Theotokos & Child... HGB David Noonan by Christine Noonan John Baptist... HGB Mark Noonan by Christine Noonan St Nicholas... +Michael & Avanelle Bross by Angela Bross Protection Theotokos... In Love & Gratitude by Jim & Gia Hoolan Christ Teacher... Madeline Noonan by Christine Noonan

# <u>SPECIAL ORDERS WELCOMED.</u>

Many unique items come into the shop weekly. We have a great selection of special-occasion gifts and religious items unique to the Williamsburg area, including a wide selection of spiritual books, music, icons and devotional and inspirational articles plus hand-made soaps, local honey.

# Ascension Advisory board members.

Alex (Pastor) Property Committee; David Efimizt & Dr. Micheal Lechman: Trustees; Betty Mae Hertz: Outreage Committee: Reader Adithia Kusno Facebook, Young Adult Education; Patty Duttry: Book Keeper; Don Merkley: Website, Liturgical Committee; Michael Bracelin: Men's Club President, Adult Bible Study; Mike Olson: Security Manager; Sasha Kusno: Children's Christian Formation Director; Ann Merkley Bookstore Manager

# **Prayer to Guardian Angel**

ANGEL OF GOD, MY GUARDIAN DEAR, TO WHOM HIS LOVE COMMITS ME HERE: EVER THIS DAY BE AT MY SIDE, TO LIGHT AND GUARD, TO RULE AND GUIDE. AMEN

We will still collect donations for the Ukrainian Humanitarian Cause. You may place your generous gift in the basket with the Ukrainian Flag. You will find it at the Icon Screen. Thank you for your gift of hope! Fr. Alex

# God bless America!!!



# FINANCIALS, July 9, 2023

Monthly Dues –40.00; Offertory –1,512.00; Candles-19.50; Holyday-40.00; Special Gifts-1,200.00 In – 2,811.50; Out –7239.70

Happy JULY BIRTHDAYS

1st Tom McGraw; 2nd Ory Stefaniw; 6th Sasha Eckstein Kusno; 13th Steve Margan; 13th Kevin Kelly; 14th John Alexander; 15th Hahn Falke; 19th Peter Margan; 28th Isadora Jane Collins

# Speak 5 lines to yourself every morning: 1. I'm the best 2. I can do it 3. God is always with me 4. I'm a winner 5. Today is my DAY

#### Our Daily Bread - The Importance of Christian Moral Values

We live a life of continual change and advancements in our technology. From an early age we are taught to accept it, as a modern society we rush to it and embrace it. We have gotten so use to the pace of advancement in our technology, that we sometimes grow impatient for the next new device or app. We want that new car or medical procedure that promises so much. We want our technology and we want it now...

These days technology is changing faster than ever. It was not always so. Take a look at a technology time-scale, and you will see that historically changes in technology were infrequent. We plodded along in more or less a linear progression for centuries. About the time of the enlightenment and the industrial revolution, we started to see amazing progress. Machines of all types were being devised and built to ease our labor and educate us. Advancements to the original printing press put knowledge within every man's reach, the steam engine, followed by the eternal combustion engine, moved us and our goods over land, on the water, and through the air. The telegraph followed by the telephone, the radio and so on, connected the world like never before. We eventually devised machines that did our calculations and stored the wealth of human knowledge, so that anyone could access it. All this progress jammed into such a small amount of time of say 300 years. Technology is slowly allowing us to overpower the natural world. Along the way man develop an amazingly comfortable lifestyle, something our forebears could have never dreamt of, and we are taking much of it for granted.

But it does not stop there. Fueled by a seemingly endless supply of money, technology is no longer plodding along in a simple lineal progression. It is expanding exponentially. Each succeeding year we develop our technology further in multiple areas. We live in the age of super computers which allow us to instantly communicate and run our business and finances. Wealth is created and sometimes lost in a wink of an eye. We are making our machines "intelligent" (AI), giving them the power to reason and act independently of human control. We are manipulating DNA to clone animals, even developing ways to resurrect extinct species or create new ones. Some advocate melding humans with machines, so that the individual would achieve some type of immortality. Some feel they are on the verge of even creating life. There's more, but you take my meaning.

And that brings me to my point. In the drive for technological development are we neglecting our Christian moral values? Is our technology serving mankind, or something else? Do we truly understand the consequences of our appetite for technological change? Are we in love with our own power, or do we trust and hold in awe the power of God?

Traditional Christian moral values have up to recent times always been the yard stick whereby we measure and rectify our actions. A guide post based on God's laws and developed independently of our technology and advancements. Application of this set of moral values has been noticeably absent in recent times. In its place, we are developing a set of modern moral values. These are self-serving values that are being developed alongside, and in support of, our technological pursuits. This new moral code comes under the general heading of "In service to mankind", and as a society we feel justified.

The decline in the application of our traditional Christian moral values is felt in other areas. Look at how the definition of a traditional family is being changed to suit perversion. Consider the growing abuse of vulnerable children, who are trafficked to suit the same type of perversion. Even our understanding of male and female is being turned on its head. I'll say it again, are there really 72 genders? Are we seeing the mantra of "In service to

mankind", morphing into "Man's will over God's"?

History is the most reliable path to understanding the present and identifying the problems of the future. In my early readings I came across the writings of Will Durant, a 20<sup>th</sup> century historian. In his summary he makes the following statement, "A great civilization is not conquered from without until it has destroyed itself within.... There is no significant example in history, before our time, of a society successfully maintaining moral life without the aid of religion" (Will Durant, The Lessons of History). T.S. Eliot and Arnold Toynbee had similar views. Even George Washington said religion and morality are "indispensable support" for the survival of a nation.

We may not be able to change the present course of western civilization, but there are still some refuges and bastions of traditional Christian morality. We do have the power to act individually, within the family, our parishes and our local community to build strong Christian moral values, and not succumb to the modern values of the world. In this, never underestimate the power of God's plan; for indeed there is one, and in the end, His Will be done. Love Dad

#### From the Carpathian Kitchen...

**Pierogi Sale!** We have a few dozen Pierogi left for sale. Stop by the bar after Liturgy and see one of our volunteers to buy yours. All proceeds go to support the Circle of Hope program.

Our next pierogi production run will be 21-22 July. We could use your help, so come out and get involved. Details will be posted here in the bulletin, and sent out in our Mighty Pierogi newsletter along with other info. See Lee to be added to the newsletter.

**Circle of Hope????** This is our parish's charitable outreach program. Operated through the men's club committee of Saint Nicholas, we use profits made from the Carpathian Kitchen sales effort (pierogi, kolache, piroshki, etc..) and donate it to charity in the form of Saint Nicholas Grants. We have thus far raised about \$2,500 that has been sent for humanitarian relief in Ukraine through the Eparchy. We are raising money at present to support local charity. Expect an exciting update on that soon.

*How do I get involved with the the Circle of Hope?* This is a parish effort. Although operated under the auspices of the men's club, this is in no way a "men only" project. Safe to say if it were not for our lovely ladies this project would have <u>not</u> gotten off to a successful start. We need the help of men, women, young and old. The best way to get involved is to come out to one of our productions runs, or volunteer to help out with sales and marketing. With your help, Ascension Parish will keep alive our ethnic food tradition, build unity, and help others out at the same time.

## Nothing but a Number

Japanese mountain climber Yuichiro Miura reached the summit of Mount Everest at age 70. George Brunstad was also 70 when he swam the English Channel. Naval officer Grace Hopper became the first female rear admiral of the United States Navy when she was 79. Margaret Haggerty completed her quest to run a marathon on each of the seven continents when she was 84.

If stories like these teach us anything, it's that senior adults are capable of amazing things.

That was certainly true of Joshua. Even though he was probably nearing the century mark, God had a plan for him. Age didn't matter to God. Rather than telling Joshua to rest, retire or step aside for a younger replacement, God instructed him to get to work.

Perhaps we should take a cue from God in our attitude toward older adults. From an early age most of us were taught to respect our elders. However, too often we confuse politeness for respect. What's the difference? Politeness might include offering a hand to senior adults when they struggle with steps or making awkward small talk with aging relatives at family gatherings. Respect, however, would include realizing that with their years of challenges and experiences these adults are a rich, God-given resource.

In this age of politically correct labels, perhaps a better name for senior citizens is "ultraexperienced adults." God entrusted Joshua with an important duty a quarter century after Joshua reached retirement age because of his vast military experience and knowledge.

Think of the older adults you know. How does God want to use them in your life? What experiences of theirs might benefit you? What life lessons have they learned that might keep you from making a bad decision? And what might you be able to learn from hearing their stories and asking for their advice?

# To Take Away

- How would you describe your attitude toward senior adults?
- Think of two or three seniors you know. What might getting to know them better add to your life?
- What steps can you take this week to build a mutually beneficial relationship with an older adult?

# Psalm 1

# Blessed are they who hope in the Lord.

Blessed the man who follows not the counsel of the wicked Nor walks in the way of sinners, nor sits in the company of the insolent, But delights in the law of the LORD and meditates on his law day and night.

# Blessed are they who hope in the Lord.

He is like a tree planted near running water, That yields its fruit in due season, and whose leaves never fade. Whatever he does, prospers.

# Blessed are they who hope in the Lord.

Not so, the wicked, not so; they are like chaff which the wind drives away. For the LORD watches over the way of the just, but the way of the wicked vanishes.

# Blessed are they who hope in the Lord.

# If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

# If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

# If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Messiah in the desert, Where your fathers tempted me; they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

# Psalm 23

#### Even though I walk in the dark valley I fear no evil; for you are at my side.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; Beside restful waters he leads me; he refreshes my soul.

#### Even though I walk in the dark valley I fear no evil; for you are at my side.

He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side With your rod and your staff that give me courage.

#### Even though I walk in the dark valley I fear no evil; for you are at my side.

You spread the table before me in the sight of my foes; You anoint my head with oil; my cup overflows.

#### Even though I walk in the dark valley I fear no evil; for you are at my side.

Only goodness and kindness follow me all the days of my life; And I shall dwell in the house of the LORD for years to come.

Even though I walk in the dark valley I fear no evil; for you are at my side.

### Keep me safe, O God; you are my hope.

Keep me, O God, for in you I take refuge;I say to the LORD, "My Lord are you."O LORD, my allotted portion and my cup, you it is who hold fast my lot.

# Keep me safe, O God; you are my hope.

I bless the LORD who counsels me; even in the night my heart exhorts me. I set the LORD ever before me; with him at my right hand I shall not be disturbed.

### Keep me safe, O God; you are my hope.

Therefore my heart is glad and my soul rejoices, my body, too, abides in confidence; Because you will not abandon my soul to the nether world, nor will you suffer your faithful one to undergo corruption.

#### Keep me safe, O God; you are my hope.

You will show me the path to life, fullness of joys in your presence, the delights at your right hand forever.

Keep me safe, O God; you are my hope.

# Psalm 138

# Your right hand saves me, O Lord.

I will give thanks to you, O LORD, with all my heart, for you have heard the words of my mouth; in the presence of the angels I will sing your praise; I will worship at your holy temple, and give thanks to your name.

# Your right hand saves me, O Lord.

Because of your kindness and your truth, you have made great above all things your name and your promise. When I called, you answered me; you built up strength within me.

# Your right hand saves me, O Lord.

Your right hand saves me. The LORD will complete what he has done for me; your kindness, O LORD, endures forever; forsake not the work of your hands.

### Your right hand saves me, O Lord.

### The Lord will give him a seat with the leaders of his people.

Praise, you servants of the LORD, praise the name of the LORD. Blessed be the name of the LORD both now and forever.

# The Lord will give him a seat with the leaders of his people.

From the rising to the setting of the sun is the name of the LORD to be praised. High above all nations is the LORD; above the heavens is his glory.

# The Lord will give him a seat with the leaders of his people.

Who is like the LORD, our God, who is enthroned on high and looks upon the heavens and the earth below?

# The Lord will give him a seat with the leaders of his people.

He raises up the lowly from the dust; from the dunghill he lifts up the poor To seat them with princes, with the princes of his own people.

The Lord will give him a seat with the leaders of his people.

# Psalm 104

# Lord, send out your Spirit, and renew the face of the earth.

Bless the LORD, O my soul! O LORD, my God, you are great indeed! How manifold are your works, O LORD! the earth is full of your creatures.

# Lord, send out your Spirit, and renew the face of the earth.

May the glory of the LORD endure forever; may the LORD be glad in his works! Pleasing to him be my theme; I will be glad in the LORD.

# Lord, send out your Spirit, and renew the face of the earth.

If you take away their breath, they perish and return to their dust. When you send forth your spirit, they are created, and you renew the face of the earth.

### Lord, send out your Spirit, and renew the face of the earth.

#### The Lord has established his throne in heaven.

Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

#### The Lord has established his throne in heaven.

For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him. As far as the east is from the west, so far has he put our transgressions from us.

#### The Lord has established his throne in heaven.

The LORD has established his throne in heaven, and his kingdom rules over all. Bless the LORD, all you his angels, you mighty in strength, who do his bidding.

#### The Lord has established his throne in heaven.

#### Psalm 11

The LORD is in his holy temple; the LORD's throne is in heaven. His eyes behold, his searching glance is on mankind.

### The just will gaze on your face, O Lord.

The LORD searches the just and the wicked; the lover of violence he hates. For the LORD is just, he loves just deeds; the upright shall see his face.

The just will gaze on your face, O Lord.

#### He who does justice will live in the presence of the Lord.

He who walks blamelessly and does justice; who thinks the truth in his heart and slanders not with his tongue.

#### He who does justice will live in the presence of the Lord.

Who harms not his fellow man, nor takes up a reproach against his neighbor; By whom the reprobate is despised, while he honors those who fear the LORD.

#### He who does justice will live in the presence of the Lord.

Who lends not his money at usury and accepts no bribe against the innocent. He who does these things shall never be disturbed.

He who does justice will live in the presence of the Lord.

#### Exodus 15

# Let us sing to the Lord; he has covered himself in glory.

I will sing to the LORD, for he is gloriously triumphant; horse and chariot he has cast into the sea. My strength and my courage is the LORD, and he has been my savior. He is my God, I praise him; the God of my father, I extol him.

#### Let us sing to the Lord; he has covered himself in glory.

The LORD is a warrior, LORD is his name! Pharaoh's chariots and army he hurled into the sea; the elite of his officers were submerged in the Red Sea.

#### Let us sing to the Lord; he has covered himself in glory.

The flood waters covered them, they sank into the depths like a stone. Your right hand, O LORD, magnificent in power, your right hand, O LORD, has shattered the enemy.

#### Let us sing to the Lord; he has covered himself in glory.

#### Turn to the Lord in your need, and you will live.

I am sunk in the abysmal swamp where there is no foothold; I have reached the watery depths; the flood overwhelms me.

#### Turn to the Lord in your need, and you will live.

But I pray to you, O LORD, for the time of your favor, O God! In your great kindness answer me with your constant help.

### Turn to the Lord in your need, and you will live.

But I am afflicted and in pain; let your saving help, O God, protect me; I will praise the name of God in song, and I will glorify him with thanksgiving.

#### Turn to the Lord in your need, and you will live.

"See, you lowly ones, and be glad; you who seek God, may your hearts revive! For the LORD hears the poor, and his own who are in bonds he spurns not."

Turn to the Lord in your need, and you will live.

#### Psalm 106

#### Give thanks to the Lord, for he is good.

Our fathers made a calf in Horeb and adored a molten image; They exchanged their glory for the image of a grass-eating bullock.

#### Give thanks to the Lord, for he is good.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

#### Give thanks to the Lord, for he is good.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

#### Give thanks to the Lord, for he is good.

Holy is the Lord our God.

Extol the LORD, our God, and worship at his footstool; holy is he!

Holy is the Lord our God.

Moses and Aaron were among his priests, and Samuel, among those who called upon his name; they called upon the LORD, and he answered them.

Holy is the Lord our God.

From the pillar of cloud he spoke to them; they heard his decrees and the law he gave them.

Holy is the Lord our God.

Extol the LORD, our God, and worship at his holy mountain; for holy is the LORD, our God.

Holy is the Lord our God.

#### Psalm 95

### If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

#### If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

# If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, Where your fathers tested me; they tested me though they had seen my works."

If today you hear his voice, harden not your hearts.

# Remember us, O Lord, as you favor your people.

We have sinned, we and our fathers; we have committed crimes; we have done wrong. Our fathers in Egypt considered not your wonders.

#### Remember us, O Lord, as you favor your people.

But soon they forgot his works; they waited not for his counsel. They gave way to craving in the desert and tempted God in the wilderness.

# Remember us, O Lord, as you favor your people.

They forgot the God who had saved them, who had done great deeds in Egypt, Wondrous deeds in the land of Ham, terrible things at the Red Sea.

#### Remember us, O Lord, as you favor your people.

Then he spoke of exterminating them, but Moses, his chosen one, Withstood him in the breach to turn back his destructive wrath.

#### Remember us, O Lord, as you favor your people.

#### Psalm 97

# The Lord is king, the Most High over all the earth.

The LORD is king; let the earth rejoice; let the many islands be glad. Clouds and darkness are round about him, justice and judgment are the foundation of his throne.

#### The Lord is king, the Most High over all the earth.

The mountains melt like wax before the LORD, before the LORD of all the earth. The heavens proclaim his justice, and all peoples see his glory.

# The Lord is king, the Most High over all the earth.

Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

# The Lord is king, the Most High over all the earth.

# The Lord speaks of peace to his people.

I will hear what God proclaims; the LORD–for he proclaims peace To his people, and to his faithful ones, and to those who put in him their hope.

# The Lord speaks of peace to his people.

Kindness and truth shall meet; justice and peace shall kiss. Truth shall spring out of the earth, and justice shall look down from heaven.

# The Lord speaks of peace to his people.

The LORD himself will give his benefits; our land shall yield its increase. Justice shall walk before him, and salvation, along the way of his steps.

# The Lord speaks of peace to his people.